

# Healthy Choices



Allen Tappe is the Owner and President of The Tappe Group. He is a National Speaker, trainer, and coach whose mission is to equip people with the skills and knowledge necessary to achieve the success they choose to pursue.

*Allen uses meaningful illustrations, that help me to mentally crystallize important concepts to optimize the opportunities in my life. I could not wait to take my adult children and some employees to the next Allen Tappe event regardless of topic, and was glad I did."*

*Clyde Pfeiffer, owner  
The Trophy Shop*

*Allen's seminar was not only beneficial when I served as VP of Tioga Realty, but the life principles are a solid foundation in successfully navigating the responsibilities of marriage and children as well.*

*Deborah Minck*

- Do you find it difficult to stay consistently motivated?
- Is your health hindering you professionally or personally?
- Would you like to see growth or improvement in your relationships?
- Are you setting yourself up for promotion or failure?

*At this seminar, you will learn how to take charge of your life both professionally and personally.*

**Allen Tappe, will equip you for success.**

Date: Wednesday, September 22, 2010

Location: Best Western Gateway Grand Gainesville, FL

	Early Registration:	After 9/1/10:
Half Day:	\$ 99.00	\$109.00
Full Day:	\$129.00	\$149.00

**For more information or to register go to [www.healthychoicesseminar.com](http://www.healthychoicesseminar.com)**

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